

SANDUSKY COUNTY **SENIOR** **DIRECTORY**



2024-2025



PROMEDICA
MEMORIAL HOSPITAL



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Thank you to the following organizations and businesses that provided funding to help distribute this directory:

GOLD SPONSORS

Adult Protective Services



**Sandusky County
Department of
Job & Family
Services**

419-334-8708
419-355-5329
Sanduskycountydjfs.org
2511 Countryside Dr.
Suite A Fremont, Ohio
43420

If you suspect that an adult age 60 or older who is living in Sandusky County is the victim of abuse, neglect, self-neglect, or exploitation, PLEASE REPORT IT.

*Short-Term Rehab, Long-Term Care, Memory Care,
Respite Care, & Outpatient Therapy*



COUNTRYSIDE MANOR
1865 Countryside Dr. Fremont, OH 43420
419-334-2602

Your Home.
Your Health.
Your Way.

Because there is truly, No Place Like Home.



MED1CARE
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419-866-0555
www.med1care.org
1225 Corporate Dr.
Holland, OH 43528



CMS ★★★★★
FIVE-STAR RATED

Your **PASSPORT**
To Living Better & Longer!



ENJOY HOME.
AOoA is dedicated to helping you gain and retain your independence. We have a team of caring Licensed Social Workers and Registered Nurses focused on helping older adults retain and gain independence.



HOME MODIFICATIONS.
Making homes safe and accessible. Most older adults want to remain at home. With a disability, home might not be as accessible as it once was. Ramps, grab bars, and other modifications can help make home more safe and accessible.

MEALS & NUTRITION JUST FOR YOU!
Nutritious food is most essential for healthy life! Many Older Adults like yourself, depend on volunteers to bring them the food they need. AOoA's Meal Delivery program and dining sites make available healthy meals just for you!



NEED A RIDE?
We can help! Through AOoA's PASSPORT program you can get FREE trips a month! Call 419.382.0624 to learn more!




AREA OFFICE ON AGING OF NORTHWESTERN OHIO

LIVING BETTER & LONGER

For more information, call AOoA at
(419) 382-0624

www.AreaOfficeOnAging.com
Search for ToledoAging on




SANDUSKY COUNTY SENIOR DIRECTORY

2024-2025

The Golden Threads Senior Program of ProMedica Memorial Hospital, United Way of Sandusky County First Call for Help, and Great Lakes Community Action Partnership Senior Programs have created this directory as a quick, useful tool for seniors and their families. Its purpose is to provide updated information about both community resources and local activities geared to the Sandusky County senior population. Agency inclusion in this directory does not imply endorsement nor does omission imply lack of endorsement.

This directory is updated every two years.

If you cannot find the information you need or you want more detailed information, please call United Way of Sandusky County First Call for Help at 419-334-2720 or access the database of available agencies at www.uwsandco.org/help.php

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SANDUSKY COUNTY SENIOR SERVICES AND RESOURCES

2024 - 2025

Adult Day Care

- Compassion Companionship Community** 419-502-1020
795 Bardshar Road, Sandusky
- Elmwood Assisted Living and Skilled Nursing** 419-332-6533
1545 Fangboner Road, Fremont
- Valley View Health Campus** 419-332-0357
1247 North River Road, Fremont

Adult Protection

- Sandusky County Department of Job & Family Services** .. 419-334-8708
2511 Countryside Drive, Fremont
Investigates senior (60 and older) abuse, neglect, or exploitation

Alzheimer Support

- Alzheimer Association - NWO Chapter** 1-800-272-3900
Support program; Alzheimer Support Group meets at ProMedica Memorial Hospital
- Project Lifesaver** 419-332-2613
Public safety program designed to protect and locate missing persons due to wandering. For questions call the Sheriff's Office and ask for Sergeant Kline. Applications are also available through Great Lakes Community Action Partnership (GLCAP).

Apartments or Retirement Living

- Alpine House Of Fremont**..... 419-216-9430
916 North Street, Fremont
- Bethesda View Apartments** 419-355-0206
540 North Brush Street, Fremont
- The Commons at Little Bark Creek**..... 419-355-9638
750 Robin Lane, Fremont

Useful Web Sites

American Association of Retired People - www.aarp.org

Area Office on Aging of Northwestern Ohio - www.areaofficeonaging.com

Benefits Check Up - www.benefitscheckup.org
Enter personal information to find programs and services you may be eligible for such as help with mediation, food, utilities, legal, taxes, in-home services, and transportation

Eldercare Help - www.caring.com
Helps caregivers find services for the elderly

Medicare - www.medicare.gov

National Alliance on Mental Illness (NAMI) - www.nami.org

Ohio Consumers' Counsel – www.occ.ohio.gov
Utility information and tips, along with helpful phone numbers.

Ohio Department on Aging - www.aging.ohio.gov
Includes information on the Golden Buckeye Card, Passport Program and more.

Ohio Senior Health Insurance Information Program (OSHIIP) - www.insurance.ohio.gov

Prescription Assistance - www.goodrx.com
GoodRx gathers current prices and discounts to help you find the lowest cost pharmacy for your prescriptions

Social Security – www.socialsecurity.gov
Provides information about programs and applications for benefits.

Volunteer Opportunities

First Call for Help 419-334-2720
United Way of Sandusky County, 826 West State Street, Fremont
Directory of Volunteer Opportunities is available in print at the United Way of Sandusky County office and as a PDF at www.uwsandco.org

Groups and Churches with Activities for Seniors

Clyde Christian Church 419-547-9628
206 South Main Street, Clyde
Disciples of Christ - Worship, classes and events

First Presbyterian Church 419-334-7171
120 South Park Avenue, Fremont
Satellites – Dinner and program fellowship for seniors.

Four County Young at Heart..... 419-483-6600
690 Flat Rock Road, Bellevue
Senior activities and programs

GLCAP Senior Programs..... 419-334-8383/1-800-775-9767
Offers various senior activities, trips, and programs, and 3 senior centers; visit www.glcap.org

Golden Threads Senior Membership Program 419-334-6613
ProMedica Memorial Hospital, 715 South Taft Avenue, Fremont
Support program and activities for those who are 55 and older

Harvest Baptist Temple 419-547-8251
1022 South Main Street, Clyde
Golden Apples – senior group meets fourth Tuesday monthly

Mature Audience Luncheons 419-483-4040, Ext 4299
The Bellevue Hospital, 1400 West Main Street, Bellevue
Monthly noon luncheon and programs for those over 55

Retired Eagles Activity Club..... 419-332-3961
(Contact) Eagles Hall
Lunch at 12:30 PM – second and fourth Tuesday. Meeting and social hour follow. Over 55, retired, and member of the Eagles

Apartments or Retirement Living Continued...

The Courtyard at Fremont 419-334-6962
805 South Buchanan Street, Fremont

Fort Stephenson House Apartments 419-334-9586
600 West State Street, Fremont

Hayes Manor Apartments..... 419-334-9908
914 Quail Drive, Fremont

Janel Terrace Apartments..... 419-334-4991
315 Bidwell Avenue, Fremont

Laurelhurst Senior Living 419-547-3700
900 North Woodland Avenue, Clyde

Luther Meadow 419-637-2811
100 Meadow Lane, Gibsonburg

Rotary Commons..... 419-483-1590
259 Northwest Street, Bellevue

Tanglewood Landings Apartments..... 419-849-3730
105 Brookside Drive, Woodville

Assisted Living

Alpine House of Fremont..... 419-216-9430
916 North Street, Fremont

Clyde Gardens Place..... 419-547-5267
700 Coulson Street, Clyde

Elmwood Assisted Living and Skilled Nursing 419-332-6533
1545 Fangboner Road, Fremont

Orchard Grove 419-484-1111
670 Flat Rock Road, Bellevue

Valley View Health Campus..... 419-332-0357
1247 North River Road, Fremont

The Courtyard at Fremont 419-334-6962
805 South Buchanan Street, Fremont

The Willows at Bellevue..... 419-483-5000
101 Auxiliary Drive, Bellevue

Budget Counseling

Apprisen 1-800-355-2227
Budget and bankruptcy counseling; debt management; Free assessment; other services on sliding fee scale

Cancer - Related Services

The Bellevue Hospital 419-483-4040
1400 W Main Street, Bellevue
Mammograms and support services, cancer care and infusion

Cleveland Clinic/North Coast Cancer 419-626-9090
417 Quarry Lakes Dr., Sandusky
Cancer treatment and support services

ProMedica Dorothy L. Kern Cancer & Infusion Center 419-559-2700
2390 Enterprise Drive, Fremont
Cancer treatment and support services

ProMedica Memorial Hospital 419-332-7321
715 South Taft Avenue, Fremont
Mammograms

Sandusky County Cancer Care Fund 419-334-8938
826 West State Street, Fremont
*Financial assistance for Sandusky County residents in cancer treatment, through the **United Way of Sandusky County***

Cleaning Services

Molly Maid of NW Ohio 419-324-1250
Helping seniors with their home cleaning

Clothing

Goodwill (Bellevue) 419-483-2244
855 West Main Street, Bellevue
Used clothing, furniture, and more; Fees

Goodwill (Fremont) 419-355-1579
1040 Oak Harbor Road, Fremont
Used clothing, furniture, and more; Fees

Pass It On Clothing Closet 419-483-3071
203 Maple Street, Suite B, Bellevue
Clothing assistance; Free

Social Security Services

Social Security Administration 1-866-614-4760
2220 Enterprise Street, Fremont; www.socialsecurity.gov

Tax Preparation

AARP 1-888-687-2277
Assistance with income tax forms, January 1 – April 15

Transportation

First Choice Cab Company 419-307-1352
Cab service; Fees

Hart's Ambulette 419-332-3911
Handicapped and wheelchair accessible van; Fees/Medicaid; Available nights and weekends with appointment

North Central EMS 1-800-589-2515
Emergency and non-emergency medical transportation; Fees

Sandusky County EMS 911/419-332-7313
***EMERGENCY ONLY ambulance service; Fees**

TRIPS 419-332-8091
Public transportation system; fees; call for cost information

Utility Assistance

Great Lakes Community Action Partnership 419-334-8911

Sandusky County Share and Care Center 419-334-2832

Utility Assistance Appointment Hotline 567-432-5046
127 South Front Street, Fremont
Entry-point to various utility programs including HEAP, Emergency HEAP, PIPP, and more

Veteran Services

Veterans Service Office and Commission 419-334-4421
2511 Countryside Drive, Suite B, Fremont
Variety of services for veterans and their dependents

Recreation

- Bellevue Community Center** 419-483-5555
110 Cherry Blvd, Bellevue
- The Bellevue Hospital Rehabilitation Services** 419-483-4040
102 Commerce Park Drive, Suite A, Bellevue
Offers supervised independent warm water exercise sessions and balance screenings. Call Extension 4279 for details.
- Fremont Parks and Recreation Department**..... 419-334-5906
600 St. Joseph Street, Fremont
Senior exercise, Silver Sneakers, Silver Fit, swimming pool, and walking track
- ProMedica Memorial Hospital** 419-539-0235
710 South Taft Avenue, Herbert Perna Center, Fremont
Heated pool and senior exercise programs
- Sandusky County Park District** 419-334-4495
Several parks and various programs; walking and bike trails
- YMCA of Sandusky County** 419-332-9622
1000 North Street, Fremont
Senior program, Silver Sneakers, pool, and more; Discount is offered for those 62 and older and veterans.

Senior Centers

- Sandco Life Enrichment Center** 567-855-5183
131 South Main Street, Clyde
- Sandco Fremont Co-Opportunities**.....419-547-3273
1405 E. State Street, Fremont
Community inclusive day site for seniors receiving services through the Sandusky County Board of Developmental Disabilities
- Clyde Senior Center** 419-547-8052
Laurelhurst, 900 North Woodland Avenue, Clyde
- Four County Young at Heart**..... 419-483-6600
690 Flat Rock Road, Bellevue
- Gibsonburg Senior Center** 419-637-7947
Luther Meadow, 100 Meadow Lane, Gibsonburg
- Sandusky County Senior Campus** 419-334-8383
1101 Castalia Street, Fremont

Clothing Continued....

- Sandusky County Share and Care Center** 419-334-2832
129 Bidwell Avenue, Fremont
Clothing thrift shop with small furniture items; some fees
- Twice Blessed** 419-334-2832
1209 Oak Harbor Road, Fremont
Accepts donations and provides used furniture assistance

Developmental Disability - Related Services

- Sandusky County Board of DD** 419-332-9296
1001 Castalia Street, Fremont
Programs, services, and supports for people with developmental disabilities

Education

- Aspire**..... 419-334-6901, Ext 2703
Vanguard Adult Career Center, 1306 Cedar Street, Fremont
Adult education and literacy and basic skills. Includes GED instruction
- Terra State Community College**..... 419-334-8400
2830 Napoleon Road, Fremont
Credit and non-credit courses; includes Lifelong Learning programs

Employment Services

- Goodwill Ind. Senior Community Service Emp. Program** .. 419-625-4744
Training and services designed to assist older job seekers find and keep employment. Must be 55 or older
- Ohio Means Jobs** 419-332-2169
2511 Countryside Drive, Suite D, Fremont
Employment postings and work-related trainings and services

Food Assistance – Home Delivered Meals

- Four County Young At Heart**..... 419-483-6600
Delivers noon meals to seniors who live in the Bellevue area; Fees
- GLCAP Meals on Wheels** 419-333-5082/1-800-775-9767
*Meals delivered to homebound seniors, Monday – Thursday.
Donation suggested; Can also contact for assistance applying for the Senior Farmers’ Market Nutrition Program Vouchers*

Food Assistance – Meal Sites

First United Methodist of Clyde..... 419-547-0734

510 West Maple Street, Clyde

Typically the last WEDNESDAY of every month, 5:00 pm - 6:00 pm

The Fremont Soup Kitchen 419-332-1558

Grace Lutheran Church, 705 West State Street, Fremont

Every THURSDAY, 11:30 am – 12:30 pm, unless schools are closed

GLCAP Senior Programs..... 419-334-8383/1-800-775-9767

11:30 meal at local senior centers (Clyde, Fremont, and Gibsonburg).

Pontifex..... 419-333-9667

416 West State Street, Fremont

Every TUESDAY from 4:00p – 5:00 pm

Every FRIDAY from 11:00 am – 12:00 pm

St. Paul’s Episcopal Church..... 419-332-3032

206 North Park Avenue, Fremont

Every fourth SUNDAY at 5:00 pm—6:00pm

(Exception: December is the third Sunday)

Food Pantries

Bellevue Fish and Loaves..... 419-484-2814

203 Maple Street, Bellevue

Every WEDNESDAY, 1:00 pm – 5:00 pm

***Bellevue area residents only**

Clyde Food Pantry, The Back Door..... 419-547-6232

803 West McPherson Highway, Clyde

Every THURSDAY, 9:00 am – 11:00 am & 4:00 pm – 6:00 pm

***Clyde area residents only**

Gibsonburg Clergy Association Food Pantry..... 567-201-3962

116 South Main Street, Gibsonburg

Second and fourth MONDAY, 4:00 pm – 5:00 pm

Must call ahead

***Gibsonburg school district residents only**

Physical Therapy/Rehabilitation Continued...

P.T. Services Rehabilitation

1800 W. State Street, Fremont 419-332-6709

22020 State Route 51 W, Genoa..... 419-855-8301

Physical Therapy, Occupational Therapy, Speech Therapy, Massage Therapy, Wellness Programs

Rehabilitation Hospital of Northwest Ohio..... 419.214.6600

1455 W Medical Loop, Toledo

Intensive rehabilitation for diseases or injuries such as Strokes, Cardiac Rehab, Brain, Spinal Cord and Orthopedic injuries

Prescription Assistance

Bellevue Salvation Army..... 419-484-2769

First United Methodist Church, 901 Northwest Street, Bellevue

Emergency prescription assistance for Bellevue residents

Sandusky County Cancer Care Fund 419-334-8938

826 West State Street, Fremont

Limited assistance for Sandusky County residents receiving cancer treatment

Sandusky County Share and Care Center 419-334-2832

129 Bidwell Avenue, Fremont

Limited prescription assistance for Sandusky County residents

Prescription Delivery

CVS Fremont..... 419-332-1505

Mail order delivery available; fees

CVS Gibsonburg 419-637-7441

Mail order delivery available; fees

CVS Woodville 419-849-2781

Mail order delivery available; fees

Kroger Pharmacy..... 419-332-9187

Delivery within Fremont city limits; fees

Recreation

Anytime Fitness Fremont & Bellevue 419-208-0820

1800 E. State Street, Fremont

102 Commerce Park Drive, Bellevue 419-484-5426

The Willows at Bellevue 567-228-6001
101 Auxiliary Drive, Bellevue
Long and short-term care; assisted living; transitional, memory, & respite care; adult day service; physical, occupational & speech therapy; outpatient therapy; and independent living

Windsor Lane Health Care and Rehabilitation 419-637-2104
355 Windsor Lane, Gibsonburg
Long and short-term care, rehabilitation, respite and hospice care

Parkinson Support

Parkinson Fitness Class..... 419-332-6709
1800 West State Street, Fremont

Parkinson Foundation of Northwest Ohio..... 419-438-5584
Support group and “Movers and Shakers” fitness classes for individuals diagnosed with Parkinson disease; Services available in Fremont

YMCA of Sandusky County 419-332-9622
“Rock Steady Boxing” fitness classes for individuals diagnosed with Parkinson disease.

Phone Assistance

Assurance Wireless..... 1-888-898-4888

Link Wireless 1-855-754-6543

SAFE-LINK..... 1-800-SAFELINK/1-800-723-3546

Physical Therapy/Rehabilitation

Med1Care Therapy Partners 419-866-0555
1225 Corporate Drive – Suite B, Holland, OH 43528
Physical, Occupational and Speech Therapy, Wound Care Management

ProMedica Memorial Total Rehab
710 Cleveland Avenue, Fremont.....419-334-6630
509 W. McPherson Hwy, Clyde.....419-547-0524
116 S. Main, Gibsonburg 419-637-2161
Physical Therapy, Occupational Therapy, Speech Therapy, Pelvic Health, Aquatics, Lymphedema and Wellness Programs

Hayes Memorial United Methodist Church 419-334-2605
Bridge of Hope Food Pantry
1441 Fangboner Road, Fremont
MONDAYS 1:30 PM– 5:00 PM & THURSDAYS 10:00 am–11:30 am

Pontifex Food Outreach 419-333-9667
416 West State Street, Fremont
MONDAY at 4:00 pm-while supplies last

Sandusky County Food Pantry 419-334-8158
129 Bidwell Ave., Fremont
MONDAY - THURSDAY, noon – 2:30 pm
***Sandusky County residents only; must have Photo ID; once every 30 days**

Woodville Good Samaritan Council..... 419-260-7838
212 Bridge Street, Woodville
Last THURSDAY 6:00 pm-7:00 pm and last FRIDAY, 8:30 am – 9:30 am; dates vary in November & December
***Woodville area residents only**

Food Stamps

SNAP (Formerly Food Stamps)..... 419-334-3891
Sandusky County Department of Jobs and Family Services
2511 Countryside Drive, Fremont
SNAP application and program; screening for local food pantries

Furniture

Goodwill (Bellevue)..... 419-483-2244
855 West Main Street, Bellevue
Used clothing, furniture, and more; there is a cost.

Goodwill (Fremont)..... 419-355-1579
1040 Oak Harbor Road, Fremont
Used clothing, furniture, and more; there is a cost

Share and Care 419-334-2832
129 Bidwell Ave, Fremont
Accepts donations and provides used furniture assistance

Golden Buckeye Card

Golden Buckeye Card 1-866-301-6446 (for replacement)
Card is mailed to those with Driver's Licenses; must be 60 and older;
Applications are also available at senior centers or local libraries

Hearing-Related Services

Bowling Green State University Speech & Hearing Clinic . 419-372-2515
200 Health and Human Services Building, Bowling Green
Hearing examinations and other hearing aid services. Sliding fee scale

Hear Again Company 419-334-7732
1525 Port Clinton Road, Suite D, Fremont
Hearing examinations and other hearing aid services. Fees

Hear Now Program/Starkey Foundation 1-800-328-8602
Assists those, who are deaf or who are hard of hearing, and have no other source to acquire a hearing aid. Processing fee

Homebound Book Delivery

Birchard Public Library—Fremont..... 419-334-7101

Clyde Public Library 419-547-7174

Home Health and/or Personal Care Services

Bridge Home Health & Hospice..... 419-423-5351
Skilled nursing, physical, occupational, and speech therapies, medical social services and nurse's aide assistance – all in the comfort of your home

Comfort Keepers..... 419-272-6633
Non-medical in-home personal care; serves Sandusky County

Elara Caring 419-536-6748
Skilled home health including physical, occupational, and speech therapy

Fisher-Titus Home Health Care 419-668-0099
Skilled nursing; physical, occupational, & speech therapy; also, provider for pediatric patients

Guiding Hands Home Health Services..... 419-898-5909
Skilled Nursing, Physical Therapy, Occupational Therapy, Speech Therapy, Medical Social Services, Home Health Aide, Private Duty

Heritage Health Care 419-867-2002
Nursing, home health, and other services

Mental Health & Substance Use Services Continued...

Sojourn at Seneca Senior Behavioral Health Hospital 567-207-2230
50 St. Lawrence Drive, Tiffin
Acute inpatient psychiatric treatment for adults 55 and older

Nursing Home and Respite Care Facilities

Bellevue Care Center..... 419-483-6225
1 Audrich Square, Bellevue
Long and short-term care, rehabilitation, respite and hospice care

Bethesda Care Center 419-334-9521
600 North Brush Street, Fremont
Long-term care, memory support, short-term rehabilitation, and end-of-life care

Countryside Manor 419-334-2602
1865 Countryside Drive, Fremont.
Long and short-term care; rehabilitation; memory care; and respite and hospice care

Elmwood Assisted Living & Skilled Nursing 419-332-6533
1545 Fangboner Road, Fremont
Assisted living, skilled nursing, memory care, long-term care, and hospice

Heritage Village of Clyde..... 419-547-9595
700 Helen Street, Clyde
Long and short-term care, including a dementia unit—Blue Sky Living

Parkview Care Center..... 419-332-2589
1406 Oak Harbor Road, Fremont
Skilled nursing, comprehensive rehabilitation, Alzheimer's and dementia care, and long-term care

Spring Creek Nursing and Rehabilitation - WEST 419-639-2626
401 North Broadway Street, Green Springs
Skilled nursing, long-term care, rehabilitation therapy, respite care, Alzheimer, dementia and behavior unit

Valley View Health Campus..... 567-201-4393
1247 N River Rd, Fremont
Long and short-term care, rehabilitation, and assisted living services

Medicare Information Services

Medicare Hotline	1-800-633-4227
Medicare Prescription Drug Assistance	419-334-6613
Ohio Senior Health Insurance Information Program (OSHIIP)	1-800-686-1578
Social Security Hotline	1-800-772-1213

Mental Health & Substance Use Services

988 Lifeline Chat and Text	Call or Text 988
Can also visit 988lifeline.org/chat <i>Support for individuals in emotional crisis (Formerly National Suicide Prevention Hotline)</i>	
C.H.O.I.C.E.S Behavioral Health Care	419-960-4009
201 Madison Street, Port Clinton (serving Sandusky County) <i>Agency and home-based counseling and case management</i>	
Cornerstone Counseling of Bellevue	419-483-9411
817 Kilbourne Street, Bellevue <i>Counseling provided by Christian therapists</i>	
Crisis Text Line	text HOME to 741741
<i>24-hour free and confidential crisis intervention service</i>	
Firelands Counseling and Recovery Services	419-332-5524
675 Bartson Road, Fremont <i>Outpatient counseling services and medication management</i>	
Firelands 24-Hour Crisis Hotline	1-800-826-1306
<i>24-hour crisis hotline and referral service</i>	
Lutheran Social Services	419-334-3431
512 East State Street, Fremont <i>Individual, marriage, family, anger, and geriatric counseling</i>	
NAMI (National Alliance on Mental Illness)	419-334-8021
2228 Hayes Avenue, Fremont <i>Support groups and classes for the mentally ill and their families</i>	
ProMedica Behavioral Health	419-334-6619
ProMedica Memorial Hospital, 715 South Taft Avenue, Fremont <i>Outpatient counseling services and medication management</i>	

Home Health and/or Personal Care Services Continued....

Med1Care	419-866-0555
<i>Skilled Nursing, Physical, Occupational and Speech Therapy, Medical Social Services, Home Health Aides, Private Duty</i>	
Molly Maid of NW Ohio	419-324-1250
<i>Helping seniors with their home cleaning</i>	
Ohioans Home Healthcare	1-855-600-0806
<i>Skilled nursing, therapy service, pediatric care</i>	
Ohio Living Home Health & Hospice	419-865-1499
<i>Skilled nursing, therapy services</i>	
PASSPORT/Options for Independence	1-800-472-7277
<i>Aide and homemaker services; skilled nursing; and therapy services</i>	

Home Modification

GLCAP Housing Program	419-334-8911
<i>Weatherization, rehabilitation, and other emergency home repairs</i>	

Homeless Shelters

Liberty Center of Sandusky County	419-332-8777
1421 East State Street, Fremont	

Hospice Services

Elara Caring	419-534-0654
<i>Comprehensive, compassionate and holistic program of care and support.</i>	
Heartland Hospice	419-355-9209
Ohio Living Home Health & Hospice	419-865-1499
<i>Faith, Compassion, Community.</i>	
SouthernCare Hospice Services	567-401-0200
Stein Hospice	1-800-625-5269
<i>Comfort, compassion, and support during life's final journey; Bereavement support services</i>	

Hospitals and Clinics

The Bellevue Hospital..... 419-483-4040

1400 West Main Street, Bellevue

Hospital services and more

Community Health Services 419-334-3869

2221 Hayes Ave., Fremont

Medical and dental clinics at a sliding scale fee rate

Fisher-Titus Medical Center 419-668-8101

272 Benedict Avenue, Norwalk

ProMedica Memorial Hospital 419-332-7321

715 South Taft Avenue, Fremont

Hospital care, home health, therapy, support services, and more

Rehabilitation Hospital of Northwest Ohio 419-214-6600

1455 W Medical Loop, Toledo

Intensive rehabilitation for diseases or injuries such as strokes, brain, spinal cord, and orthopedic injuries

Sandusky County Public Health..... 419-334-6377

2000 Countryside Drive, Fremont

Health clinics, flu shots, and other health-related services

Information and Referral Services

Area Office on Aging of NW Ohio..... 1-800-472-7277 or 419-382-0624

Information and referral for Northwest Ohio area senior services

First Call for Help 419-334-2720

Information and referral service for Sandusky County. On-line search for services also available at www.uwsandco.org

Ohio Department on Aging 1-800-266-4346 or 614-466-5500

Information and referral concerning Ohio senior services

Golden Threads Senior Membership 419-334-6613

ProMedica Memorial Hospital, 715 South Taft Avenue, Fremont

Insurance claims assistance; assistance with Medicare Part D enrollment

Insurance Counseling

Community Health Services..... 419-334-3869, Ext 251

2221 Hayes Ave., Fremont

Assistance with enrollment in Managed Care Insurance Programs

Golden Threads Senior Membership..... 419-334-6613

ProMedica Memorial Hospital, 715 South Taft Avenue, Fremont

Insurance claims assistance; assistance with Medicare Part D enrollment

Legal Services

Law Office of Phillip T. Wylkan/Wylkan Law 1-800-635-1355

1243 Napoleon Street, Fremont

Certified Elder law attorneys, specializing in Medicaid/Medicare, veteran's benefits, estate planning and other senior issues

Legal Aid of Western Ohio 1-877-894-4599

Legal services, including no-cost services for qualified senior citizens

Pro Seniors Legal Hotline 1-800-488-6070

Legal advice and referrals for senior citizens (60 and older)

Medical Equipment and Supplies

CVS Gibsonburg 419-637-7441

241 West Madison Street, Gibsonburg

Durable medical equipment and aids for daily living; Fees

Hart Medical Equipment..... 419-332-4938

1211 Oak Harbor Road, Fremont

Oxygen, CPAP/BiLevel, nebulizers, scooter/power chairs, lift chairs, walking aids, hospital beds, etc.

Medical Service Company..... 419-332-6931

1005 Everett Road, Fremont

Equipment and supplies, including oxygen, hospital beds, and more; Free delivery

VFW.....419-334-2551

Loan medical equipment to community members; do not have to be a veteran to qualify